



Athletes of all ages, setting the pace!

www.overthehilltc.org

THE ANNUAL CLEVELAND TRACK INDOOR CLASSIC
Sunday February 21st, 2010

THE GAREAT SPORTS COMPLEX
1822 SOUTH BROADWAY
GENEVA, OHIO 44041
HTTP://WWW.GAREAT.ORG

"THE NEW PREMIER INDOOR TRACK AND FIELD ARENAS IN AMERICA"
DIRECTIONS ARE LISTED ON THE FINAL SHEET ...

USATF Sanctioned, USATF rules apply.

*****Pre-Registration Only - Deadline February 16th, 2010. NO ON-SITE REGISTRATIONS*****

ENTRY FEES: \$10 per event, \$40 per relay. Pre-registration is required. No refunds!!

ONLINE at www.coacho.com

OR

Make checks payable to **OVER THE HILL TRACK CLUB.**

MAIL TO: OVER THE HILL TRACK CLUB
Chip Johnson
6393 Forest Ridge Drive
Bedford Heights, Ohio 44146

Women followed by Men Oldest to Youngest

Field event athletes are requested to bring their own implements, as the meet does not supply them.

Age divisions are determined by year of birth. Listed below are the events that will take place in each age division:

Sub-Bantam (2002 – later) 60m, 100m, 200m, 400m,
LJ, 4x200, 4x400, Racewalk

Bantam (2000 - 2001) 60m, 100m, 200m, 400m, 800m,
1500m, LJ, SP, HJ, 4x200, 4x400, Racewalk

Midget (1998 – 1999) 60m, 100m, 200m, 400m, 800m,
1500m, 3000m, 60H, LJ, SP, HJ, 4x200, 4x400, 4x800,
Racewalk

Youth (1996 - 1997) 60m, 100m, 200m, 400m, 800m,
1500m, 3000m, 60H, LJ, TJ, SP, HJ, PV, 4x200, 4x400,
4x800, Racewalk

Intermediate (1994 - 1995) 60m, 100m, 200m, 400m,
800m, 1500m, 3000m, 55H, LJ, TJ, SP, HJ, PV, 4x200,
4x400, 4x800, Racewalk

Young (1992 - 1993) 60m, 100m, 200m, 400m, 800m,
1500m, 3000m, 60H, LJ, TJ, SP, HJ, PV, 4x200, 4x400,
4x800, Racewalk

Open (19 – 29) 60m, 100m, 200m, 400m, 800m,
1500m, 3000m, 60H, LJ, TJ, SP, HJ, PV, 4x200, 4x400,
4x800, Weight Throw, Racewalk

Masters (30 - +) 60m, 100m, 200m, 400m,
800m, 1500m, 3000m, 60H, LJ, TJ, SP, HJ, PV, 4x200,
4x400, 4x800, Weight Throw, Racewalk

Sub-Bantam, Bantam & Midget age groups can compete in a maximum of three (3) events including relays.

Youth, Intermediate and Young Men/Women can compete in a maximum of four (4) events including relays.

Open and Masters athletes do not have a limit on the number of events that they can compete in. In individual events, Athletes must compete in their true age divisions – NO "MOVING UP"! Athletes may compete out of their age groups in Relay events.

Running Order of Events 10:00 AM: 4x800, relay, 3000m, 60m Hurdles, 60m Dash, 4x200m Relay, 800m, 100m, 3000m Race Walk, 400m, 1500m, 200m, 4x400m Relay...**AWARDS:** Medals for 1st, 2nd, & 3rd



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CONTACTS: Jeff Gerson 440 473-0636

Chip Johnson 216 322-2688 (chipluvs2run@aol.com)

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Entry Form- THE ANNUAL CLEVELAND TRACK INDOOR CLASSIC

'PLEASE PRINT LEGIBLY'

Name: _____ Age as of Feb 21st, 2010 _____ Date of Birth: _____ M _____ F _____

Address: _____

Phone _____ Email _____

Performance for seeding

High Jump _____ Shot Put _____ Long Jump _____ Pole Vault _____ Triple Jump _____

60 M Hurdles _____ 60 Meters _____ 100 Meters _____ 200 Meters _____ 4x200 Relay _____

400 Meters _____ 800 Meters _____ Mile Run _____ 3000M _____ 4x400 Relay _____

4x800 Relay _____ 3000Meters Racewalk _____ 1500 Meters Racewalk _____ (youth) Weight Throw(Masters) _____

I hereby release the Over the Hill Track Club, Lake Erie Association of USA Track and Field, USA Track and Field Inc., event sponsors, their agents, representative or officials from responsibility for any injury or damages I may suffer as a result of my participation in the Annual Cleveland Track Classic. I have read the entry information provided for these events and certify that I am in good physical condition and am able to safely compete in these events. I release rights to any and all photographs taken of me in these events for use by the sponsors without any obligation to me. I understand USATF Racewalk rules govern this competition.

Signature of Participant

Signature of Parent or Guardian for Participant Age 18 or younger

Parent or Guardian: I certify that my child is able to compete in these events and authorize any emergency care.

Emergency Contact and Phone Number _____

Directions

From Cleveland:

Go East on I-90. Exit off the Geneva Exit (Rt. 534). Take a left at the light heading north. **GaREAT** will be on your right hand side. The entrance to the sports complex is between Chops and Wendy's Restaurant.

From Erie:

Go West on I-90. Exit off the Geneva Exit (Rt. 534). Take a right off the exit heading north. **GaREAT** will be on your right hand side. The entrance to the sports complex is between Chops and Wendy's Restaurant.

From Pittsburgh:

Take PA Turnpike to OH Turnpike. Take first exit marked 680 towards Youngstown. The road will take you around Youngstown and then exit 680 onto Route 711 at exit 3a. Route 711 then turns into Route 11. Stay on Route 11 about 40 miles until you hit I-90 and take that west for two exits to the Geneva Exit (Rt. 534). Take a right off the exit heading north. **GaREAT** will be on your right hand side. The entrance to the sports complex is between Chops and Wendy's Restaurant.