

# **GaREAT Indoor Series – All Age meet # 1**

## **Sunday January 31st, 2010**

The GaREAT Sports Complex, 1822 South Broadway Geneva, Ohio 44041

<http://www.gareat.org>

USATF Sanctioned, USATF rules apply. Athletes must have USATF Card or number to enter

**ENTRY FEES:** \$ 5 per event, \$20 per relay.

Make checks payable to **GaREAT Sports Complex -Track and Field.**

Women followed by Men Oldest to Youngest

Age divisions are determined by year of birth. Listed below are the events that will take place in each age division:

**Sub-Bantam (2002 – later)** 60m, 200m, 400m, LJ, 4x200, 4x400

**Bantam (2000 - 2001)** 60m, 200m, 400m, 800m, 1500m, LJ, SP, HJ, 4x200, 4x400

**Midget (1998 – 1999)** 60m, 200m, 400m, 800m, 1500m, 3000m, 60H, LJ, SP, HJ, 4x200, 4x400, 4x800

**Youth (1996 - 1997)** 60m, 100m, 200m, 400m, 800m, 1500m, 3000m, 60H, LJ, TJ, SP, HJ, PV, 4x200, 4x400, 4x800

**Intermediate (1994 - 1995)** 60m, 200m, 400m, 800m, 1500m, 3000m, 55H, LJ, TJ, SP, HJ, PV, 4x200, 4x400, 4x800

**Young (1992 - 1993)** 60m, 200m, 400m, 800m, 1500m, 3000m, 60H, LJ, TJ, SP, HJ, PV, 4x200, 4x400, 4x800,

**Open (19 – 29)** 60m, 200m, 400m, 800m, 1500m, 3000m, 60H, LJ, TJ, SP, HJ, PV, 4x200, 4x400, 4x800, Weight Throw

**Masters (30 - + )** 60m, 200m, 400m, 800m, 1500m, 3000m, 60H, LJ, TJ, SP, HJ, PV, 4x200, 4x400, 4x800, Weight Throw

*Sub-Bantam, Bantam & Midget age groups can compete in a maximum of three (3) events including relays.*

*Youth, Intermediate and Young Men/Women can compete in a maximum of four (4) events including relays.*

Open and Masters athletes do not have a limit on the number of events that they can compete in. In individual events, athletes must compete in their true age divisions – NO “MOVING UP”! Athletes may compete out of their age groups in Relay events.

**Running Order of Events: Starting at 10:00 AM:** 4x800m Relay, 60m Hurdles, 60m Dash, 4x200m Relay, 800m, 400m, 1500m, 200m, 3000m, 4x400m Relay

**Questions or Concerns please contact:**

**Rick Marinelli,**

**GaREAT Sports Complex**

**Phone: 440-415-3462**

**Email: [rmarinelli@gareat.org](mailto:rmarinelli@gareat.org)**

**Website: [www.gareat.org](http://www.gareat.org)**

## On-Site Registration Form

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ B'DAY \_\_\_\_\_ GENDER \_\_\_\_\_

ADDRESS: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_

CLUB AFFILIATION \_\_\_\_\_

Email Address \_\_\_\_\_

EVENTS \_\_\_\_\_

ENTERED: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

EVENTS \_\_\_\_\_

ENTERED: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

A consideration of your acceptance of this entry form I hereby, for myself, my heirs, executors, and assigns, waive any and all claims for damages which I might have against the USATF, Lake Erie Association, and The GaREAT Sports Complex and community their agents, representatives, or assigns for any and all damages or injuries suffered by me at said meet. I also certify that I am healthy and sufficiently trained to safely compete in this meet.

SIGNATURE (by athlete or coach/parent for minor athlete) : \_\_\_\_\_

Emergency Contact and Phone Number : \_\_\_\_\_

### **Directions**

#### **From Cleveland:**

Go East on I-90. Exit off the Geneva Exit (Rt. 534). Take a left at the light heading north. GaREAT will be on your right hand side. The entrance to the sports complex is between Chops and Wendy's Restaurant.

#### **From Erie:**

Go West on I-90. Exit off the Geneva Exit (Rt. 534). Take a right off the exit heading north. GaREAT will be on your right hand side. The entrance to the sports complex is between Chops and Wendy's Restaurant.

#### **From Pittsburgh:**

Take PA Turnpike to OH Turnpike. Take first exit marked 680 towards Youngstown. The road will take you around Youngstown and then exit 680 onto Route 711 at exit 3a. Route 711 then turns into Route 11. Stay on Route 11 about 40 miles until you hit I-90 and take that west for two exits to the Geneva Exit (Rt. 534). Take a right off the exit heading north. GaREAT will be on your right hand side. The entrance to the sports complex is between Chops and Wendy's Restaurant.